

UMMHC Ambulatory Psychiatry  
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## YALE-BROWN OBSESSIVE COMPULSIVE SCALE (Y-BOCS)

Patient's name \_\_\_\_\_

Date \_\_\_\_\_

Item	None	Mild	Moderate	Severe	Extreme
1. Hours/day spent on obsessions	0	0 to 1	>1 to 3	>3 to 8	>8
Score	0	1	2	3	4
2. Interference from obsessions	None	Mild	Definite but manageable	Impaired	Incapacitating
Score	0	1	2	3	4
3. Distress from obsessions	None	Mild	Moderate but manageable	Severe	Near constant, disabling
Score	0	1	2	3	4
4. Resistance to obsessions	Always resists	Much resistance	Some resistance	Often yields	Completely yields
Score	0	1	2	3	4
5. Control over obsessions	Complete control	Much control	Moderate control	Little control	No control
Score	0	1	2	3	4
Obsession Subscale (0-20) <span style="float: right;">_____</span>					
6. Hours/day spent on compulsions	0	0 to 1	>1 to 3	>3 to 8	>8
Score	0	1	2	3	4
7. Interference from compulsions	None	Mild	Definite but manageable	Impaired	Incapacitating
Score	0	1	2	3	4
8. Distress from compulsions	None	Mild	Moderate but manageable	Severe	Near constant, disabling
Score	0	1	2	3	4
9. Resistance to compulsions	Always resists	Much resistance	Some resistance	Often yields	Completely yields
Score	0	1	2	3	4
10. Control over compulsions	Complete control	Much control	Moderate control	Little control	No control
Score	0	1	2	3	4
Compulsion Subscale (0-20) <span style="float: right;">_____</span>					
Total Score (0-40) <span style="float: right;">_____</span>					
Comments:					
Date:					
Total previous score:					

Range of severity: 0-7 Subclinical 8-15 Mild 16-23 Moderate 24-31 Severe 32-40 Extreme

Ratings include observations during interviews as well as average occurrence for each item during the last 7 days.

Source: Adapted with permission from Wayne K. Goodman, M.D., Goodman WK, Price LH, Rasmussen SA, et al.: "The Yale-Brown Obsessive Compulsive Scale." Arch Gen Psychiatry 46:1006-1011, 1989.